



Year 1 and Year 2	Autumn	Spring	Summer
<p>Primary National Curriculum subject content for PE:</p> <ul style="list-style-type: none">• Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.• They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.• Pupils should be taught to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities• Participate in team games, developing simple tactics for attacking and defending	<p>Ourselves/Homes Fundamental Movement</p> <p>Completing a series of games and tasks to develop listening, following instructions, basic movement skills and using basic PE equipment</p> <p>Gymnastics</p> <p>Learning the skills of travelling, rolling, jumping and body shapes. Putting these skills together in a Gymnastics sequence</p>	<p>Up in the Air!/Animal Kingdom Gymnastics</p> <p>Continuing to learn the skills of travelling, rolling, jumping and body shapes. Putting these skills together in a Gymnastics sequence</p> <p>Dance</p> <p>Learning a Dance linked to our topic area – Weather or The Life Cycle of a Frog</p> <p>Learning how to move in different ways, keep in time to the music and or mirroring/shadowing a partner when dancing.</p>	<p>The Secret Garden/All at Sea!</p> <p>Felt flower brooches to wear at the garden party – sewing skills</p> <p>Miniature Gardens</p> <p>The children develop their textiles skills further this term through completing their sewing task which involves making a brooch for the garden party. This links to the felt animals task in the other cycle. The miniature gardens that we make in Science to consolidate their understanding of growing cress also involves careful planning and designing skills.</p>



Subject Overview | PE
Zetland Primary School

Year Group: 1/2

<ul style="list-style-type: none">• Perform dances using simple movement patterns.			
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