

## **ZPS Pupils Personal Hygiene**

Frequent and rigorous handwashing will be required throughout the day, and at least:

- On entry to school on a morning
- Before playtime
- After playtime
- Before lunch
- After lunch
- Before leaving school on an afternoon
- After sneezing or coughing

Bins with lids will be provided in each area used by pupils.

Paper towels need to be placed in the bin tidily and not allowed to spill on the floor.

Pupils will be encouraged not to touch their mouth, eyes and nose.

Encourage using a tissue or elbow to cough or sneeze and use bins for tissue waste ('catch it, bin it, kill it'). Posters will be displayed to support this.

Staff will ensure that help is available for children and young people who have trouble cleaning their hands independently.

Staff will consider how to encourage young children to learn and practise these habits through games, songs and repetition.

The door into the classroom will be propped open during the day where possible and windows opened to increase ventilation. Rooms will be vented between sessions.

Fire plans remain the same

There will be no PE kits brought into school.

Storage of coats will be in different, spaced locations.

School uniform should be worn.